




**RICK THOMAS**  
RED ROAD CONSULTANT

**“TAKU WAKAN SKAN SKAN”**  
Something Holy Moving  
St. Louis, Missouri



**DYSFUNCTIONAL DEVELOPMENT  
IN A CHEMICAL ENVIRONMENT**

PTSD – ( PRE- ALCOHOLISM PHASE )

BIRTH TO AGE 4-----AGE 5 –TO – AGE 9

a. trust is lost at this age	Distorted view of self / life
b. No love / affection	No Values
c. Habituation of life style	Angry / hypertension
	sexual abuse / molestation
	Physical / Emotional abuse
	No spirituality
	Loose interest in school
	Fear of going home – embarrassed
	Fighting / cussing, learned at home
	Resents authority figures, parents ect.,
	sexually active with others, siblings, friends, ect.,




**THE SPIRIT (NAGI)**

THE SPIRIT, nagi, chooses its parents, for its own reasons.

SPIRITUAL BEINGS: In a PHYSICAL BODY  
ON AN EARTH'S JOURNEY

If the baby is mistreated or rejected, our elders tell us, or if the Parents are violent and disrespectful to each other, the baby' nagi May choose to withdraw from the body, turn back to fully re-unite With the Nagi La, and then, the baby dies, may leave without the Child dying. The child's nagi needs to be called back.

Spirit Lost, ceremonies as are done by a medicine man to find the child's Spirit and bring it back.




**The RED ROAD APPROACH**

In 1982, Gene ThinElk and Rick Thomas Co-Developed the Red Road Approach, this wholistic Model has been through out the United States and Canada. It derived from intense theraputic approaches, utilizing Western methods along with Traditional way of thinking and living.


The Native American Alcohol Treatment Program was a 15-bed unit, serving clients from a three state regional area.

STATISTICS: 100% of clients were dealing with grief  
95% females were incest or rape victims  
3-to-5 generations of alcoholism  
1-Out of 3 males dealing with sexuality issues  
100 per-cent distorted value system and belief

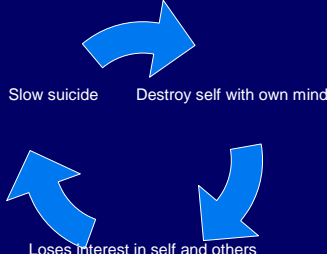


**DESTORTED VALUE SYSTEM**

Destorted view PARTIES ALOCHOL ARGUMENTS Liver damage Heart problems Jails & lost of family Lost of Jobs Physical, emotional, Mental, spiritual abuse	<b>VALUES</b> <input type="checkbox"/> SELF <input type="checkbox"/> FAMILY <input type="checkbox"/> HEALTH <input type="checkbox"/> EDUCATION <input type="checkbox"/> EMPLOYMENT <input type="checkbox"/> FUTURE <input type="checkbox"/> LIFE <input type="checkbox"/> RELATIONSHIPS <input type="checkbox"/> RELATIVES
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**PSYCHOLOGICAL SUICIDE**



## TOP OF THE PSYCHE

### CONSCIOUS LEVEL

How we think – when we are awake, a way of reasoning, Ego, This is where we start thinking of sobriety.

### SUB-CONSCIOUS

WHERE ALL OUR MEMORIES ARE STORED

Pain / Hurt / Anxiety / Worry / stress / physical, Mental, sexual, emotional abuse is stored

### COLLECTIVE UNCONSCIOUS

Dreams, visions, ideas, creativity, thoughts, where The belief system is – NAGI / NAGI LA – all our ancestor Exists.....

## POST TRAUMATIC STRESS DISORDER STATISTICS

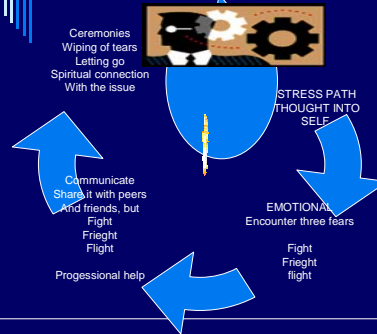
- An estimated 20% of adults in the United States have experienced a traumatic event at least once in their lives, and up to 20% of these people go on to develop PTSD.
- An estimated 5% of Americans – more than 13 million people have PTSD at any given time.
- An estimated one out of 10 women will suffer from PTSD at some time in their lives.
- Women are nearly twice as likely as men to develop PTSD. This may be due to the fact that women tend to experience violence (such as Domestic Violence and sexual abuse) more than men. But this is on the rise also.
- Almost 17% of men and 13% of woman have experienced more than three traumatic events in their lives.

## WHAT IS PTSD

It is common for people to feel that no matter what they've Faced or lived with, no matter how extreme, they should be Able to carry on. But sometimes people face situations that Are so traumatic that they may become unable to cope and Function in their daily lives. Some people become so Distressed by memories of the trauma memories that won't Go away – that they begin to live lives trying to avoid any Reminders of what happened to them.

- PTSD may develop following exposure to extreme trauma
- Extreme trauma is a terrifying event or ordeal that a person has experienced or learned about, especially one that is life-threatening or cause physical harm, it can be a single event or repeated experience.
- The stress caused by trauma can affect all aspects of a person's life, including mental, emotional, and physical well being.
- Research suggests that prolonged trauma may disrupt and alter brain chemistry, for some people, this may lead to the development of PTSD.

## COMPASSION STRESS



In the Health profession we are now considering the possibility of secondary PTSD, the signs of Co-Compassion stress

MEANING: We find ourselves suffering from The personal after-effects of being and living Around physical, mental, emotional, or Psychological trauma of others, we become the Reservoirs of the pain and troubles of others.

IF NOT ADDRESSED OR ACKNOWLEDGED, We, ourselves may need help

Long term deprivation: We all need love, appreciations, Compliments, and respect. At times we may have Difficult emotional and physical ramifications, in additions to Social consequences, that may be inconsistent with our own Desires. Our intentions to attain our own extraordinarily high Coping and defensive standards are shattered.