

Household Jobs Participation Chart

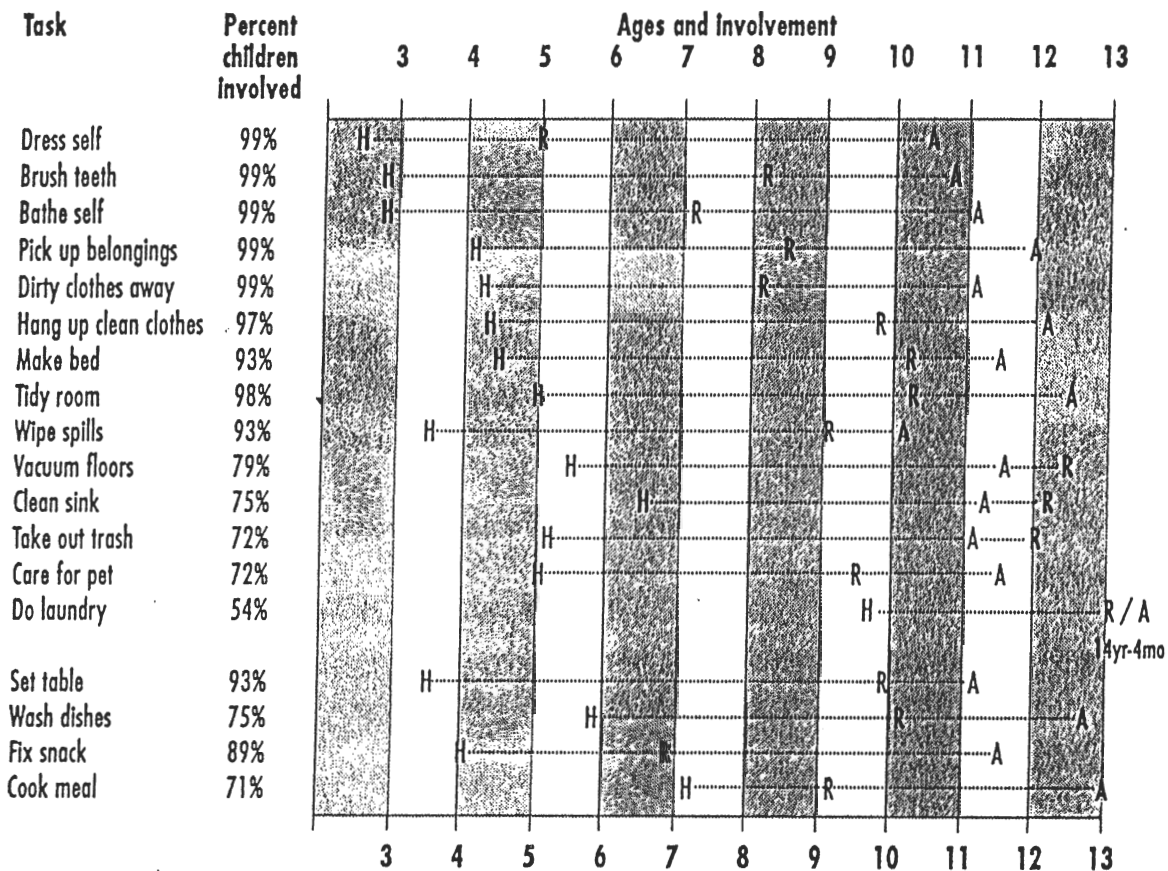
The chart lists common household tasks, the percentage of children involved with the task, and the average age of children at different levels of involvement.

Symbols:

H means the child needs help with the task

R means the child needs reminding or supervision

A means the child does a task as needed without reminding or supervision



Copyright 1990 by Elizabeth Crary, from *Pick Up Your Socks . . . and other skills growing children need!* Published by Parenting Press, PO Box 75267, Seattle, WA 98175.

APPENDIX B

Parental Overindulgence Assessment Tool

(For parents of children age two and older)

<p>The majority of the time . . .</p> <p>1. I give my child all the clothes she/he wants.</p> <p>2. I give my child all the toys he/she wants.</p> <p>3. I allow my child lots of privileges.</p> <p>4. I make sure my child is entertained.</p> <p>5. I schedule my child for lots of activities, lessons, and sports.</p> <p>6. I give my child more than he/she asks for.</p> <p>7. I give my child things that she/he has not asked for.</p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>		
<p>The majority of the time . . .</p> <p>8. I do not make rules for my child.</p> <p>9. I do not enforce the rules I make for my child.</p> <p>10. I do not have my child do chores.</p> <p>11. I give my child lots of freedom.</p> <p>12. I let my child take the lead and dominate family matters.</p> <p>13. I do not expect my child to learn the same skills as other children.</p> <p>14. I do not hold my child to consistent standards.</p>		<p><input type="checkbox"/> True <input type="checkbox"/> False</p> <p><input type="checkbox"/> True <input type="checkbox"/> False</p> <p><input type="checkbox"/> True <input type="checkbox"/> False</p> <p><input type="checkbox"/> True <input type="checkbox"/> False</p> <p><input type="checkbox"/> True <input type="checkbox"/> False</p> <p><input type="checkbox"/> True <input type="checkbox"/> False</p>	
<p>The majority of the time . . .</p> <p>15. I am involved in everything my child does.</p> <p>16. I give my child a great deal of attention.</p>			<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>17. I do things for my child that he/she should be doing for him/herself.</p> <p>18. I do things for my child rather than see her/him in distress.</p> <p>19. I do things to make my child love me.</p> <p>20. I hate to see my child be frustrated.</p> <p>21. I anticipate what my child needs and provide it.</p>			<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Total number of Yes/False answers</p>	<p>Too Much = —</p>	<p>Soft Structure = —</p>	<p>Over-nurturing = —</p>
<p>Scores</p>	<p>Too Much 0-1 Overindulgence unlikely 2-3 Possible overindulgence 4-5 Caution—overindulgence 6-7 Serious overindulgence</p>	<p>Soft Structure 0-1 Overindulgence unlikely 2-3 Possible overindulgence 4-5 Caution—overindulgence 6-7 Serious overindulgence</p>	<p>Over-nurturing 0-1 Overindulgence unlikely 2-3 Possible overindulgence 4-5 Caution—overindulgence 6-7 Serious overindulgence</p>

BIBLIOGRAPHY

Behind the 8 - Ball. A Guide for Families of Gamblers by Linda Berman and Mary-Ellen Siegel, 1992, ISBN: 0-671-76711-9.

Can't Buy Me Love. Freedom From Compulsive Spending and Money Obsession by Sally Coleman and Nancy Hull-Mast, 1992, ISBN: 0-925190-46-2.

Smart Couples Finish Rich: 9 Steps to Creating a Rich Future for You and Your Partner by David Bach, ISBN: 0-76790484-2.

Born To Spend, How to Overcome Compulsive Spending by Gloria Arenson, 1991, ISBN: 0-8306-2155-5.

You Don't Have To Be Rich by Jean Chatzky, 2003, ISBN: 1-59184-012-0.

How Much is Enough? By Jean Illsley Clarke, Connie Dawson and David Bredehoft, 2004, ISBN: 1-56924-437-5.

The Shelter of Each Other, Rebuilding Our Families by Mary Pipher, Ph.D., 1996, ISBN: 0-345-40603-6.

The Table Where Rich People Sit by Byrd Baylor. New York: Aladdin Paperbacks, 1994.

Take Back Your Kids: Confident Parenting in Turbulent Times by William Doherty, 2000, ISBN:1-893732-07-X.

The Secret of Parenting by Anthony Wolf, 2000, ISBN: 0-374-52708-3.

Kids, Money and Values by Patricia Schiff Estess and Irving Barocas, 1994, ISBN: 1-55870-333-0.

Seven Stages of Money Maturity, Understanding the Spirit and Value of Money in your Life, by George Kinder, 1999, ISBN: 0-440-50833-9.

How to Get out of Debt, Stay Out of Debt, and Live Prosperously by Jerrold Mundis, 1988, New York: Bantam.

What Kids Really Want That Money Can't Buy by Betsy Taylor, 2003. ISBN: 0-446-52964-8

Compiled by Arlene C. Miller, L.C.S.W., 2006 Phone: 314-822-2800
Email: amillerlcsw@aol.com